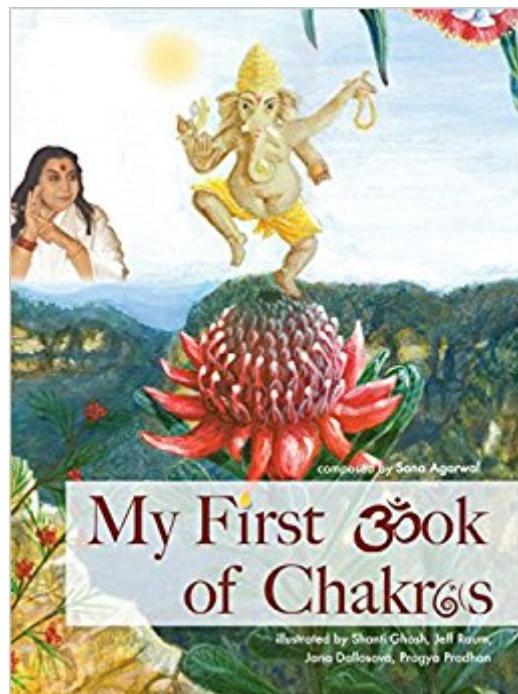


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# My First Book Of Chakras



## Synopsis

Two Sahaja Yogi parents were sitting on the front lawn outside the Borotin school one beautiful summer day, when one of the children whipped out a comic book to 'tune out'. Looking at this child immersed in Captain America, the father could not help commenting - ' wish we had children's books on chakras and the deities that we could use to educate our children.. they spend too much time on comics!' The Universe must have been listening - one summer later, we now have the first chakra book helping young Yogis traverse the world from Mooladhara to Sahasrara, with illustrations lovingly composed by Yogi hands.

## Book Information

Hardcover: 74 pages

Publisher: Vishwa Nirmala Dharma (April 14, 2014)

Language: English

ISBN-10: 0988760827

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Product Dimensions: 8.5 x 0.3 x 11 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,802,531 in Books (See Top 100 in Books) #103 in Books > Children's Books > Religions > Eastern

Age Range: 5 - 8 years

Grade Level: Kindergarten - 3

## Customer Reviews

delightful illustrationslots of information

awesome

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CHAKRAS: Chakras for Beginners - Awaken Your Internal Energy and Learn to Radiate Positive

Energy and Start Healing (Chakra Meditation, Balance Chakras, Mudras, Chakras Yoga) Mudras for Awakening Chakras: 19 Simple Hand Gestures for Awakening and Balancing Your Chakras: [ A Beginner's Guide to Opening and Balancing Your Chakras ] (Mudra Healing Book 3) Chakras: Chakras :Learning To Balance Your Chakras Made Simple (Chakra Alignment ,Chakra Healing, Chakra Balancing Book 1) Chakras: Purify and Strengthen Your Inner Self- Radiate Energy, Balance Chakras and Meditation Healing (Chakras, meditation,mindfulness,) Chakras: Chakras for Beginners, Awaken Your Internal Äçâ ¬Â"Positive Energy, Healing, Spiritual Growth, Äçâ ¬Â"Balancing, Essential Oil for the Chakras CHAKRAS: Chakras For Beginners: Step-by-Step Practical Guide to Awaken Your Internal Energy & Balancing the 7 Core Chakras Using Meditation Mudras (Spirituality, ... Emotional Physical or Mental Imbalances) Chakras: Awaken Your Internal Energy Äçâ ¬â œ Balance Chakras, Radiate Energy and Healing Through Meditation (Chakras, Spirituality, Serenity) CHAKRAS: Mudras for Balancing and Awakening Chakras: The Powerful Personalised Meditation Guide, Cleanse And Activate Your 7 Chakras, Feel Energised And ... Mudras, Enlightenment, Spirituality) Chakras: How to Awaken Your Internal Energy through Chakra Meditation (Chakras for Beginners) Chakras: Understanding the 7 Main Chakras for Beginners: The Ultimate Guide to Chakra Mindfulness, Balance and Healing Chakras: Complete Beginner's Guide to Balance the Chakras and Heal Your Body Through Positive Energy Chakras Easy Guide for Beginners: Chakra Meditation, Understanding and Balancing the 7 Chakras Crystal Healing For The Chakras: A Beginners Guide To The Chakras And Chakra Balancing With Crystals Chakras: Activate Your Internal Energy Centers And Heal Yourself - The Complete Guide To Chakras For Beginners: Balance Your Body, Mind And Soul Mudras: Mudras for Weight Loss, Mudras for Awakening Chakras, Mudras for Healing (Mudras - Chakras - Mudra yoga) Chakras: Awaken Your Internal Energy - Balance Chakras, Radiate Energy and Healing Through Meditation Chakras for Beginners: How to Balance Chakras, Strengthen Aura, and Radiate Energy My First Book of Chakras

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